



**Issue #46, Member Edition
April 2024**



PRESIDENT'S MESSAGE

From the President's Desk:

Are you one of the 10% or one of the "silent majority"?

April will be a busy month at Cedar Social Centre, starting with our **A.G.M. on the 8th**, and ending with our **Volunteer Appreciation event on the 27th**.

Every year at our A.G.M., the same people attend, usually about 30 people. We are glad they do as they seem to care about how our association is governed. However, we have close to 300 members who let those 30 people make decisions for them. Often, the only time we hear from this "silent majority" is when they are not happy with those decisions. Are you okay with letting just 10% of our citizens decide who will run our country? Not likely. If you do not normally attend, ask yourself "Why not?" Yes, A.G.M.s can be all about the numbers, and yes, we need to approve the budget, but we also want your opinion regarding the direction we are going, and are looking for some innovative ideas. We have had some very lively discussions at previous A.G.M.s.

For example, we want to establish a Youth Membership category to address the growing number of younger families, and try to engage them in our affairs. This is important as our current aging volunteer corps will not be able to continue providing our programs and activities at the same level you have come to enjoy. We need more of our silent majority to help and we need to get younger families involved to provide support. However, if we are to gain their support, we need to evolve to provide activities of interest to younger people.

So please give up one evening of Netflix and come out and join us for our

is on us!

We hope you all know our volunteers are the life blood of our organization and we are celebrating their accomplishments with a **Volunteer Appreciation** event on **April 27**. You may not know, but we have one paid employee, not counting our summer students, and the cost is subsidized by the government. Knowing that, you can imagine how many hours our volunteers have contributed to keeping the doors open, year after year...50 years to be exact!

Volunteering is an opportunity to build on your lifetime accomplishments and apply them to a new environment. Ten years ago, the current president announced that the golf course would have to be closed unless someone would take on the role of Outdoor Programs Director. I could not let this happen. Dave Johnson shared my enthusiasm for the game so we put our hands up to share the job. It was not an onerous role, and we quickly took up the challenge of trying to make a better course. Dean took up the ongoing challenge to make it what it is today. We then got the idea to add a bocce court to our sports programs. We solicited a grant and Dave and I (not to mention a few other volunteers) built the courts. Meanwhile, Lynne had also gotten involved with the board, and then took up the challenge of developing a new website for the organization. Here's the point--neither of us had had any experience with operating golf courses, bocce or websites, but we embraced the opportunity and are so glad we did.

Volunteering is not labour without reward. During our careers, we faced many challenges and, sadly, also had to endure bureaucratic obstacles, delays and frustrations that eventually made us happy to leave it behind. At Cedar Heights, we had the opportunity to use our imagination and creativity, unhindered by those obstacles. We could readily accomplish things with teams of like-minded people who wanted to make the organization's future better for the enjoyment of the members and the community. You should try it!

Our **new website** will be **launching in April** and it will be dramatically more dynamic than our current one. The biggest change is the ability to register and pay for programs and activities online, 24/7. This will enable those younger folks in the community who are still working and unable to access our activities by coming into the centre during our limited office hours. Yes, you will still be able to come into the office and pay with cash, but this option reduces the workload of our administrative volunteers. Want a sneak preview of our new website and how it works? Come to our AGM!

Saturday, May 11 from **10 a.m. to 1:30 p.m.** is our **50th Anniversary Open House** event. We're inviting the whole community to come and find out what our unique organization has to offer them in programs, activities events and sports. Guess what! Our volunteers who organize them will be there to greet our visitors, inform them and invite them to participate. If you have new neighbours who have recently moved here, or neighbours who live here but have not joined our merry band yet, bring them over and help them to sign up!

In the interim, we hope to see you at the **Pig Roast on May 4th**. Dave Johnson

Bryan Lowes

IMPORTANT REMINDERS



C.H.C.A. 50TH ANNIVERSARY



As you may have heard, 2024 marks the 50th anniversary of the Cedar Heights Community Association. Since 1974, Cedar Heights has been a place "where friendships grow" through a host of activities geared to our membership on our beautiful 3.0 ha grounds and chalet. It is a busy place with activities ranging from sports/exercise and community sales to themed parties, great food and social events. All these activities and more are available because of our teams of dedicated volunteers. Without them, this wouldn't be the place it is!

We will take the time to celebrate this Golden Anniversary on the occasion of our **2024 Cedar Heights Open House** set for **May 11** from **10:00 a.m. – 1:30 p.m.** Planning is still underway so watch for further developments and expect to see the usual enthusiasm from Cedar Heights Open House events. Come in to assess all our membership offerings and programs. Maybe there is something you like. Maybe you have an idea for a new activity. Maybe you'd like to join our association! When you visit, you'll get a free draw to our door prizes, food, beverages, cake, music from back to 1974, some entertainment for the kids, local Cedar Heights history and a chance to meet some of our invited community leaders.

To support our wonderful community, we would like to provide an opportunity to make a **donation the Sorrento Foodbank**, so **please bring non-perishable food items** and we'll see they get delivered. You will also have the opportunity to speak with our local FireSmart Program representative to learn more about this vital program and maybe sign up for a free FireSmart home assessment. In addition, you can sign up for a spot at our upcoming FireSmart Information session (with representatives from other key Emergency organizations involved) planned for an evening at the Cedar Heights Social Centre later in May 2024.

This is a **free, family-friendly community event** to get your Spring 2024 off to a good start!

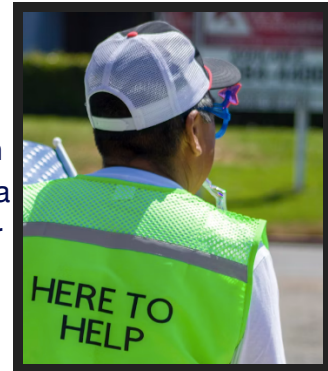
If you have any special historic materials or information related to Cedar Heights, please **contact Blair Holmes** at **blair909@telus.net**

Clean-up starts today at our Cedar Heights Par 3 Golf Course. There are lots of cones to collect, fertilizer to spread and irrigation to be readied for the season. **Stay tuned** for information regarding when you can start to plan your tee times!



WE NEED YOU!

Behind the scenes, we are working on a "Pub Night" idea with pub-style games, a 2024 theme night which will build on the 2023 Grease precedent, completion of the new website, a 50th anniversary celebration, Volunteer Appreciation Day, our 2024 FireSmart activities, the Pig Roast and LobsterFest.



These events are possible only because of the time and talents that individuals volunteer to the community. The time spent in organizing and working on the day of the events can be both rewarding and fun. So, please step forward when you hear that some enthusiastic event coordinator would like help. Or do a Vicki Coe and come up with something completely new for Cedar Heights. Just **send an e-mail to info@cedarheightscommunity.ca OR leave a message at (250) 675-2010** about a concept that you would be happy to organize (with help from others at Cedar Heights). We would love to chat with you!

BLIND BAY VILLAGE GROCER CARD PROGRAM

Don't forget to grab a few grocer cards from the office at Cedar Heights! Support B.B.V.G. and C.H.C.A. all in one go!



SUMMER STUDENT RECRUITMENT

We are looking to hire a summer student for July and August to provide kiosk coverage and carry out other light duties around the centre during quiet hours. We may be able to provide some weekend or evening hours during June and early September as well. This position is ideal for someone finishing up high school or perhaps a year into college/university. Send a message to info@cedarheightscommunity.ca or leave a message at (250) 675-2012 (the office) or (250) 675-4929 (Dean Wallace) if you know a



CARPET BOWLING



***Are your days long and boring?
Are you looking to meet people and have fun?
Drop in downstairs for Carpet Bowling!***

**Wednesdays
1:30-4 p.m.**

For more info,
Call or text **Jan at 250-804-5699**
or
Text **Sheena at 250-253-0820**

COMMUNITY SPOTLIGHT

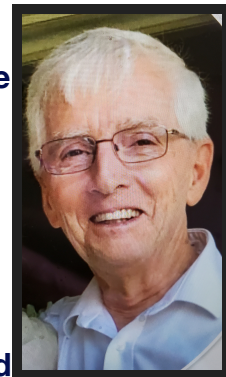
One of this month's community members has been put forth by Sheila Armstrong:



has made to the Cedar Heights Centre. Anne is a long time member and is a very kind-hearted, thoughtful and hard working person. She excels at obtaining prizes and is a stand-out when it comes to organizing events such as the Annual Christmas Bake Sale, the lunch at the Kid's Only Shopping, the annual Pie Making Day and many other events. Who else but Anne can get 300 pounds of apples donated?! She has a passionate and dedicated commitment to every thing she does for the Centre. And of special note: Her carrot cake is to die for!

It's been a popular month to praise volunteers! Barry Stoke stated, "A fellow that gives a lot to Pickleball is Doug Salmon":

Doug is the pickle ball co-ordinator for Cedar Heights. He selflessly organizes the clean-up of the courts in Spring. One year, I recall, he even put plastic down over the courts in the fall and took it off in the spring. Doug manages the sign-up for pickle ball and sets the schedules for round robin, beginners, etc. He even manages the sign-up for the Sorrento Pickle Ball League, which runs in the winter at Sorrento Elementary School. He organizes the umbrellas and nets for the courts ahead of play and he also helps clean the courts after a storm. Doug's volunteerism at Cedar Heights makes it possible for so many people to enjoy coming together for fitness and fun.



Please consider the gestures, great and small of someone you know in our CHCA family. Perhaps they regularly offer to drive friends to medical appointments. Maybe they organize neighbourhood clean-ups. And maybe they have an admirable skill/talent that we don't know about. If you know someone like this, please send a short write-up and, if possible, a photo to krishamaguchi@gmail.com



Mark your calendar! Connect with friends! Have fun!

April 5

Our first Games Night at Cedar Heights was fairly well attended, considering we were competing with Elvis' appearance at Shuswap Lake Estates on the same night. Players still had a great time, and our second one is planned for April 5. We will have Mexican Train, Azule (a Portuguese tile game), Cribbage and Yahtzee available to play.

UPCOMING DATES:

April 5th

May 3rd

June 7th.

RSVP:

Contact **Vicki Coe at (250) 675-2141** if you are **planning to attend**, and if you can **offer one of these games** for us to play with (not a requirement to attend).



TIME:

6:30 - doors open

7:00 - let the games begin!

COST:

\$3.00 for members

\$5.00 for non-members.

ANNUAL GENERAL MEETING

April 8

Come to the Annual General Meeting of the Cedar Heights Community Association! As a member, you are invited to attend and participate in the affairs of the organization.



TIME: 6:00 p.m. - Social hour with dessert and coffee

7:00 p.m. - Meeting commences

April 12

All players, of all experience levels, are invited to join us for an evening of the Doghouse board game. It is no longer necessary to register as we have enough boards in circulation.

**DATES:**

Remaining regular play: **April 12th & 26th**

Tournament: **May 10th**

TIME:

6:30 p.m. - Doors

7:00 p.m. - Play begins

COST: \$3.00 for members

\$5.00 for non-members.

More information on the Tournament will be released at a later date.

HAWAIIAN PIG ROAST

May 4

Save the date for our Hawaiian Pig Roast!

DATE:

May 4

TIME:

5:30 p.m. - Cocktails

6:00 p.m. - Dinner

TICKETS:

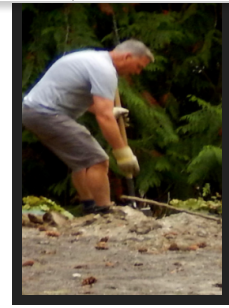
\$40.00 for members

\$50.00 for non-members.

On sale April 16-25



Hole #7 on the Cedar Heights golf course was a longstanding favourite before it was de-commissioned about three years ago. We have now been permitted by the Canadian Heritage Foundation to tell the story behind the long delay in getting the seventh green, now known as Area 7, into use.



The story begins with a recent "New Horizons for Seniors Program" in which the hillside structures between the lower and upper level of the golf course were rebuilt. This project involved extensive clearing and excavation. We missed an early sign that there was something special about Area 7 when Shovellin' Gord Shea unearthed what appeared to be a fancy lid for a 45-gallon drum. Work carried on.



It wasn't until two of our observant gardening volunteers, Shelley Wallace and Jennifer Godfrey, realized with an obvious degree of concern and urgency (the exact moment being captured on camera) that there was a certain s



tructure to all of the things that Chainsaw Dan Letourneau was cutting up. The eager volunteer that he is, it took a little



bit of sugar in his gasoline to get Chainsaw Dan to stop, by which time he had already excavated (and somewhat dismantled) what looked like a wall.

At Shelley's and Jennifer's urgings, the Board contacted Professor A. Ibolo, Head of the School of Viking Studies at the University of Lagos in Nigeria, who evaluated our photos. He opined, "This is irrefutable evidence of the furthest westward incursion of the Vikings in North America, far surpassing the wanderings of the Minnesota Vikings of the NFL clan."

He believes the Cedar Heights settlement was constructed under the supervision of Hilary the Brown and Peter with the Black Locks, members of a very colourful clan headed by Erik the Red and his son, Leif the Lucky. For those of you who aren't aware, Leif was the first-ever vegetarian Viking and was affectionately known within the family as "Leify Greens". Professor A. speculates that Leify was determined to establish a settlement in an area more suitable for growing vegetables than the harsh coast of Newfoundland. The sunny Shuswap was ideal.

Professor A. petitioned the Canadian Government to establish Cedar Heights as a Canadian Heritage site, which the government granted just two days ago. He will be coming to Cedar Heights later this month to oversee a soil screen program to recover remnants and artefacts. You will be able to sign up shortly to provide site security or to work as a soil screener.

Professor A. is desperate to find the shield. It was last seen in the back of a yellow truck covered in dolphin decals with a large dog sitting in the front seat and a chainsaw hanging from the rearview mirror. Call us if you know someone who owns a vehicle fitting that description.

And Chainsaw Dan? Well, he's feeling pretty badly about his efficiency in digging up and dismantling what has been a well-preserved Viking fortress. Next time you see him, a sympathetic pat on the shoulder or an understanding smile wouldn't do any harm.

In closing, Cedar Heights should be excited to be the site of a unique part of Canadian history. Don't be shy to thank Shovellin' Shea and Chainsaw Dan for their discoveries, however unintentional, and Shelley and Jennifer for their keen powers of observation, and their initiative that led to the halting of work on the site before it was lost forever. As a result of their energy and diligence, Cedar Heights will be recognized permanently in our country's history books.

Story written for the April 1, 2024 edition of the Cedar Heights Newsletter by CHCASensei, an AI bot licensed by your Board to generate all future communications to CHCA members. And if you've read to the end of the article, may we wish you a happy April Fools' Day!!

GET INVOLVED

CEDAR HEIGHTS SOCIAL CENTRE

Cedar Heights thrives on the active involvement of its residents. If you have ideas, want to [volunteer](#),



REBUILDING LIVES



Given the devastation from last summer's wildfire, resulting in hundreds of homes lost, the Mennonite Disaster Service has committed to rebuild four homes for our neighbours on the Shuswap North Shore. These are homes of people who otherwise have no means to rebuild as they had no insurance and are at an income level that would make it impossible.

M.D.S. is a strictly volunteer organization and relies on donated funds. This is a great opportunity to serve our neighbours.

If you are interested in volunteering for a day, please call Wes Janzen at 236-833-3114. If you can offer a week or more, please email Clara Flores at cflores@mds.org Alternatively, you can contact Gord Shea at 250-319-0419.

MDS does not require you have any particular skills (we will train you) or any particular religious affiliation. All we ask is that you come with a willing and respectful heart. If you are not able to volunteer, donations are greatly appreciated. Thank you for your consideration of these matters.

Gord Shea for M.D.S.



LEPRECHAUNS GALORE AT CEDAR HEIGHTS!

Thanks again to Sheila Armstrong for her great collection of photos!

CHCA tried something new this month, combining our St. Paddy's potluck with the shed party. Great food was abundant, as was the Irish themed music...not to mention "...green alligators and long-necked geese..." Can you find them?!

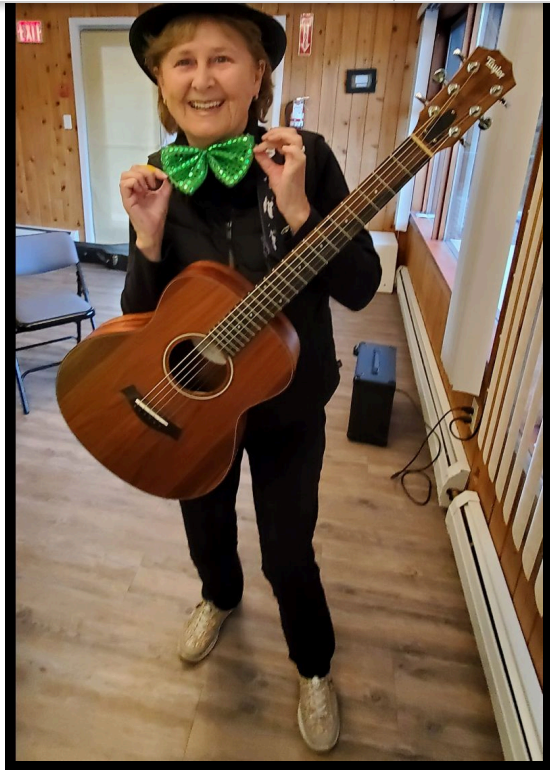
The very fine ukelele, guitar, bass guitar, banjo, kazoo and triangle playing was even further enhanced by George Gillis' piano playing and Susan Aylard's expertise on the fiddle!

Thanks to Peter Blacklock for another great season of ukelele playing. We are











COMMUNITY RESOURCES

DO THE SHU!

Do you want to know what's happening in the Shuswap? The Arts Council and the Chamber of Commerce have collaborated on a new community calendar called **Do the Shu** that replaces the Shuswap Culture event calendar.

Click [HERE](#) for a look at the upcoming events.



Community Website: Stay updated on [news and events](#) by visiting our [website](#).

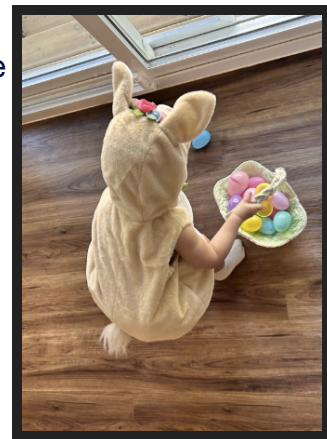


Contact Us: Have questions or suggestions? Reach out to us at info@cedarheightscommunity.ca or [\(250\) 675-2012](tel:(250)675-2012).

The budding pussy willows in Blind Bay weren't the only fuzzy things in sight this past weekend! Here's hoping the Easter Bunny offered up some fun in your family, too!

The weather is warming up and Spring is officially here! It's time to look forward to some great events and outdoor fun at Cedar Heights!

Warm regards,
Cedar Heights



2316 Lakeview Drive, Sorrento, BC V0E 2W2, [\(250\) 675-2012](tel:(250)675-2012), info@cedarheightscommunity.ca

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