

Issue #52, Member Edition October 2024



PRESIDENT'S MESSAGE

What is the difference between price and value? What is the value of a community association? What is the price you are willing to pay to have a community association, in time, money or both? These are questions that we need to ponder at Cedar Heights Community Association.

If you are a member of Blind Bay Memorial Hall society, you know that the difficulty in filling the Board of Directors is threatening to close the doors by the end of November. Incorporated societies must have an elected Board to continue operating. We are no different.

In light of that situation the questions above are highly relevant to all local residents and to the members of community associations. At Cedar Heights we are blessed with having almost 400 members, which most associations don't have. This is the result of having the indoor and outdoor facilities that allow us to provide programs, activities and events that are valued enough to justify membership. They are expensive, but they are worth it. The alternative is driving into Salmon Arm which most of us don't want to do especially in the winter.

We must not take this situation for granted, however. Cedar Heights Social Centre only exists because members are willing to contribute time and money to ensure the lights are on, the heating (and cooling) systems work, the snow is cleared, the greens and fairways are mowed, the insurance bill is paid and the fridges and freezers work. Not to mention the wonderful volunteers who plan and organize everything that goes on at the Centre.

which has impacted local businesses and our own golf revenues dramatically. You will also learn that our attempts to secure grants to support our ongoing efforts to continue with our capital projects have also been unsuccessful as so many organizations seeking funds have overwhelmed the capacity of granting agencies.

To make a long story a bit shorter, while we haven't had a great financial year to date, we have been very successful at continuing to provide programs and events members enjoy. In order to continue this in 2025 we may have to curtail some of our more ambitious projects.

Finally, as the situation at Blind Bay Hall demonstrates, unless the members are willing to step up and take on leadership positions the whole process can unravel. You will have received the notice of the fall meeting and a call for nominations and they are also included in this newsletter. *My own retirement as President is looming, and unless members are willing to fill our Executive positions we may need to close the doors at the end of December, which would be a terrible loss for the community.*

We've worked hard at the Board the last few years ensuring we have funds set aside to meet expenses down the road and we have done all the heavy lifting so our successors will have less of a workload. The updated Strategic Plan lays out a clear and straightforward action plan. The Board does not place an onerous burden on Directors and I will be staying on as Past President to provide assistance.

"Life is inherently risky. There is only one big risk you should avoid at all costs, and that is the risk of doing nothing." – Denis Waitley

Bryan Lowes (778-389-4636)

IMPORTANT REMINDERS



Notice of Fall General Meeting

The annual Fall General Meeting of Cedar Heights Community Association will take place as follows:

Date: **Monday, November 4th**

All members are invited to attend the meeting, which will address the following topics:

1. Overview of the 2024 Year to Date
2. Financial Results for 2024 to Date
3. Update on the Strategic Plan
4. Operational Plans for 2025
5. Proposed Budget for 2025
6. Election of Board of Directors for 2025

Dessert and coffee will be served. *The doors will open at 6:30 pm to allow members time for social interaction.*

Bryan Lowes, President
Cedar Heights Community Association

DONATIONS NEEDED

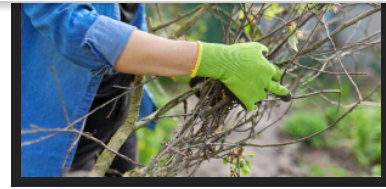
This is just a reminder for you to hold onto those thrift store items so you can donate them to our **Kids Only Christmas Shopping**. *See the list of suggested items and those items not accepted on the poster.*

Please hold onto them until we draw nearer to the festive season and we will let you know when/where you can drop them off. the deadline for the donations is **Tuesday Nov 26th**. Santa thanks you in advance!



FIRESMART FALL CLEAN-UP DAY

This past summer, the CHCA took steps to help reduce the local wildfire risk, including the removal of 25 dead cedars adjacent to the laneway, the ground-up limbing of other healthy firs on the golf course and the de-cluttering of the treed area behind the upper parking lot.



In addition, a fixture volunteer event at CHCA has been the **Fall Cleanup** of the grounds whereby CHCA volunteers help cleanup accessible ground fuels (branches, cones, etc). It is that time again! On **Wednesday, October 16**, the fine people at BC FireSmart will provide a disposal bin for us to fill with brush and other flammable woody materials. In addition, they will provide funds for **lunch for our volunteers** after the work is complete. Due to the hard work of our volunteers during past cleanups, complemented by the contracted work already completed this past summer, **our goal this year is one bin/one morning**. Once we have completed our mornings work, any room left in the bin will be available for our Cedar Heights neighbours.

If this interests you, look for the signup sheets, volunteer for the morning from **9:00 till 1:00 pm**, stay for lunch and help increase our wildfire resilience.

Damage to our Golf Course and Bocce Courts

Blair Holmes our greens keeper discovered the golf course and bocce courts have been damaged by several people riding motorized bikes on our property over the long weekend. As you can image he is angry and frustrated as he has spent hundreds of hours this spring and summer mowing the grass and working on the greens, and they have never looked better.

Unfortunately, our cameras have not captured the vandalism so we cannot identify anyone. However we know that some local residents feel that Cedar Heights Community Association property is a public park and that some actually tell their kids to ride on the golf course as they feel they have a right to do so.

Perhaps we will have to purchase cameras used in the bush to film wildlife, which seems to be appropriate here, although an additional expense. Once we are able to identify those responsible, we will be passing the information on to the police. Everyone should be held accountable for the consequences of their actions.

damages they incur. Our members must bear the burden of repairs to our property when vandalism occurs. In the past this has included extensive damage to our kiosk which was costly to repair.

It would be better for everyone to understand that our property is not a public playground and ensure that neither they nor their kids use it like that. Let's keep our eyes open and get the word out.



FALL FASHION SHOW Saturday Oct 19th 2-5 pm

Tickets on sale **Tuesday Oct 1st!**
You can buy them on the website:
www.cedarheightscommunity.ca

Or buy them in person at the
Centre on **Tuesday and Thursday**
between 1 and 3 pm.

One of the benefits of membership
is advance notice of ticket sales
and you save \$5, \$20 instead of
\$25 for non-members. **This event
sells out quickly so don't delay.**

A FUNDRAISER AS SWEET AS PIE

Fall is here and we are, once again, planning our annual Apple Pie Fundraiser on:

Tuesday, October 22

1:00 - 4:00 p.m. - Pie-making elves will be hard at work

3:00 - 4:30 p.m. - pick up your delicious apple pies!

Wednesday, October 23

1:00 - 3:00 p.m. - optional day for pie pick-up

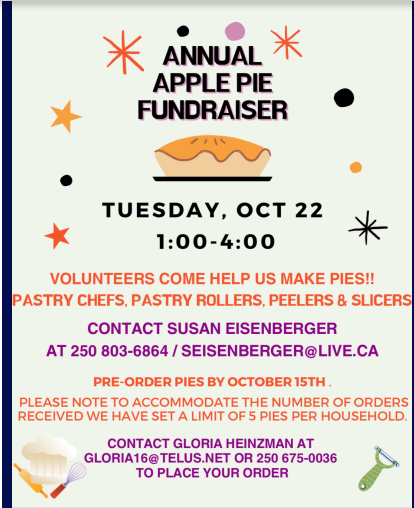
See poster for order contact information. Only **\$12 per pie** with a **limit of five per**

Pay by **cash or credit card** when you pick up your pies.

Thanks to Susan, Elaine and Gloria for helping out with the organization of this yummy event!

If you have not yet signed up to volunteer, please do so as we are counting on your valued support in order to make this event a sweet success for 2024.

Please see the volunteer needs, below. And remember, many hands make light work!



ANNUAL APPLE PIE FUNDRAISER

TUESDAY, OCT 22
1:00-4:00

VOLUNTEERS COME HELP US MAKE PIES!!
PASTRY CHEFS, PASTRY ROLLERS, PEELERS & SLICERS

CONTACT SUSAN EISENBERGER
AT 250 803-6864 / SEISENBERGER@LIVE.CA

PRE-ORDER PIES BY OCTOBER 15TH .
PLEASE NOTE TO ACCOMMODATE THE NUMBER OF ORDERS RECEIVED WE HAVE SET A LIMIT OF 5 PIES PER HOUSEHOLD.

CONTACT GLORIA HEINZMAN AT
GLORIA16@TELUS.NET OR 250 675-0036
TO PLACE YOUR ORDER



Kids Only Shopping
Saturday, November 30th

It's soon time for Kids in our Community to shop for Christmas gifts \$1.00-\$7.00.

WE NEED GIFTS!
PLEASE DONATE NEW OR GENTLY USED ITEMS FOR:
*DADS, MOMS, *TEENS, KIDS 5-12, PRESCHOOL,
*GRANDPARENTS & *PETS.
(*ESPECIALLY HARD TO SHOP FOR)

DROP-OFF TUESDAY & THURSDAY AFTERNOONS 1-3 PM
BINS ARE LOCATED BELOW THE COAT RACKS IN CEDAR HEIGHTS HALL, UPSTAIRS AND DOWNSTAIRS

DEADLINE FOR DONATIONS: TUESDAY, NOV. 26TH
ALL PROCEEDS GO DIRECTLY BACK TO THE COMMUNITY!

KIDS ONLY SHOPPING SATURDAY NOV 30TH

Save the date as we not only need donations, we need lots of volunteers to make this event happen. We need people to sort, price, set up, elves to help the kids shop, wrap the gifts, take the money, help with the coffee and goodies and finally pack it up.

BLIND BAY VILLAGE GROCER CARD PROGRAM



You buy groceries, Cedar Heights pays their bills and keeps program fees low -- it's a win/win situation!

You can purchase the cards at the office (Tuesday and Thursdays from 1:00 til 3:00 pm). Please note that **only cheques, cash or debit** are accepted for payment. We thank you for your support!

GET INVOLVED



"Remember that the happiest people are not those getting more, but those giving more."

— H. Jackson Brown Jr.

Call for Nominations

On November 4th members will be asked to elect a new Board of Directors for the upcoming year of 2025.

All Executive positions on the Board are up for election, including

1. President
2. Vice President
3. Treasurer
4. Secretary

All of these positions must be filled. We also are able to elect additional Directors at Large.

Any current member who would like to put him/herself forward for election should submit a nomination in writing, addressed to the Nominations Committee. All nominations must include the name and contact information of the nominee, plus the name and contact information of the nominating member who seconds the nomination.

delivery to our office or mail slot.

Bryan Lowes, President

CURRENT VOLUNTEER OPPORTUNITIES				
EVENT	ROLE & DESCRIPTION	DATE/S OF EVENT	NUMBER NEEDED	CONTACT
FIRESMART FALL CLEAN-UP	Debris Dudes & Dudettes - Help rid the grounds of the Cedar Heights Social Centre of brush and other flammable woody materials	Wednesday October 16 9 a.m. - noon	There will never be too many!	Sign-up sheet at Cedar Heights
APPLE PIE SALE	Wannabe Pastry Chefs - Assist with set-up, washing of apples, peeling, cutting, pastry making, dough rolling, pie filling or fluting	Tuesday, October 22 1-4 p.m.	The more, the merrier!	Susan Eisenburger seisenberger@live.ca 250-803-6864 Sign-up sheet at Cedar Heights
N/A	Kitchen Coordinator - Lead a team in maintaining inventory & general housekeeping in the kitchen. Additional support workers are already in place.	Ongoing; Minimum 1 year commitment preferred	1 or 2	info@cedarheightscommunity.ca
N/A	Cost estimator - Obtain 3 estimates from companies to resurface the lower and upper level parking lots and to pave the pathway from the upper level parking lot past the pickle ball courts.	Estimates required by the end of September for the 2025 budgeting process	1	info@cedarheightscommunity.ca Or contact Dean Wallace at (250) 675-4929
N/A	Cost estimator - Obtain 3 estimates from companies to resurface the pickle ball courts at Cedar Heights.		1	
N/A	Project Leader - develop a plan with a cost estimate to refurbish the bocce courts, resurface the frames with Smart board or Hardie board to prevent further rot; provide access to both courts for regular rolling & smoothing of the court surfaces. Prefer to have actual work completed by a team of volunteers, rather than by an external contractor.		1	

COMMUNITY SPOTLIGHT

WHAT DOESN'T HE DO?

You *may* know that Blair Holmes has been a resident of Blind Bay since 2019.

You *may* know that Blair Holmes can be found bouncing around the lower level at Cedar Heights, giving his all and hardly missing a Keep Fit class!

You *may* know that Blair Holmes is a relatively new member of the board--Vice President, no less!



plan and coordinate all the comings and goings at our recent 50th Anniversary Open House.

But, you *may not* know that, after devoting his life to his chosen career of 34 years, Blair Holmes gave up most of his summer as a retiree to manicure our beloved Cedar Heights golf course, putting in over 20,000 steps almost every day of the week.

You *may not* know that Blair Holmes is heading up the Fall Clean-Up to keep our Centre ship-shape (wink-wink, nudge-nudge).

You *may not* know that Blair Holmes innovatively spearheaded the challenging responsibility of updating the CHCA Strategic Plan, having the foresight to make sure that our beloved Cedar Heights Social Centre is there for us (and in great shape) for years to come.

You *may not* know that Blair Holmes was/is our liaison with other community associations in the region to hopefully troubleshoot, collaborate and find common solutions in the years to come.

Finally, you *may* be assuming that you will continue to see Blair Holmes' smiling face, humble disposition and selfless generosity around our community, making it such a great place to be. And you're probably right!

Thanks, Blair, for all you do!

*Please consider the gestures, great or small of someone you know in our CHCA family. Perhaps they regularly offer to drive friends to medical appointments. Maybe they organize neighbourhood clean-ups. And maybe they have an admirable skill/talent that we don't know about. If you know someone like this, please send a short write-up and, if possible, a photo to **krishamaguchi@gmail.com***



Last month we had a link to an article featuring our member **Mary Pakka** who was competing in the 55+ BC Games in Salmon Arm in September.

She not only competed in all three cycling events — a 16-kilometre time trial, a 37.2-kilometre road race and a two-kilometre hill climb, but she brought home the GOLD!

This is not her first rodeo, she has been competing in the games since 1992 and was chosen as one of the athletes to carry the ceremonial torch. *And did I mention she is 91 years young!*

Mary says this is her final competition but she said it was wonderful to compete in her hometown in front of her children, grandchildren and eight great grandkids.

Mary doesn't like to talk much about her athletic achievements, she would rather talk about the Bluejays, her favorite team and she has the shirt to prove her loyalty. Mary is a long time member of our Keep Fit class and inspires us all to keep moving so we thought she should have another shirt, a Cedar Heights shirt presented to Mary by our President, **Bryan Lowes**.



Mark your calendar! Connect with friends! Have fun!

Tuesdays

TIME: 1:00 p.m.

COST: C.H.C.A. members - \$3
Non-members - \$5

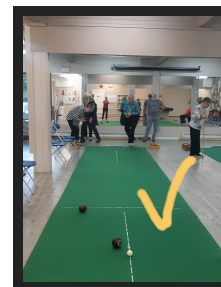


CARPET BOWLING

Thursdays

TIME: 1:30 p.m.

COST: C.H.C.A. members - \$3 for drop-in
Non-members - \$5 for drop-in
OR
\$30 will cover carpet bowling for members until the end of 2024



DOGHOUSE

October 4 & every second Friday

TIME: 6:30 p.m.

COST: C.H.C.A. members - \$3
Non-members - \$5



FIRESMART FALL CLEANUP

WEDNESDAY OCT 16TH

TIME: 9:00 am till 1:00 pm

Lunch will be provided for the volunteers

ROUNDUP

OCTOBER 19th

TIME: 2-4 pm

COST: \$20 members \$25 non-members

Tickets on sale Oct 1st



APPLE PIE FUNDRAISER OCTOBER 22/23

PIE PICK-UP TIME:

Tuesday, October 22 - 3:00 - 4:30 p.m.

Wednesday, October 23 - 1:00 - 3:00 p.m.

COST: \$12 per pie; (cash or credit card)
Must order ahead (see poster for details)



FALL GENERAL MEETING

MONDAY NOV 4th

TIME: Social at 6:30 Meeting starts at 7:00 pm

CEDAR HEIGHTS CHRISTMAS PARTY DECEMBER 9

TIME: TBD

COST: TBD



We are giving you plenty of advanced notice so you can prioritize it in your calendar!

FOLLOW-UP ON FUN

If you have any photos from the events or weekly C.H.C.A. activities over the coming month, please send them to krishamaguchi@gmail.com

WE'RE BA-ACK!!!

There were probably about 80 Blind Bay residents who were very excited to be back at Keep Fit classes on September 4, none the least being our fabulous volunteer fitness instructors.

Here are two of our amazing instructors, Susan who found the perfect T-shirt at Winners for Joyce who always tells us to "Just do you".

Reconnecting with friends, shedding those summer BBQ calories and getting back into routine always feels good.



OKTOBERFEST WAS WUNDERBAR!

Oktoberfest at Cedar Heights Social Centre was a massive success! **Peter Blacklock** and his talented and enthusiastic group of musicians & singers not only led the singing during the evening but welcomed us to the event at the

German sausages and we had delicious pretzels that were made to order from **Inspired Breads** in Salmon Arm, not to mention an array of German beer served by **Willie Hornseth**.

Dean and Shelley Wallace were the event planners, with Dean as master of ceremonies and stand-up comedy king combined. He had the audience rolling in laughter – who knew this mild-mannered scientist had this kind of talent – singing, dancing and telling tall tales. **Iris Bemister and Eleanor Payment** led us in the dance routines and of course, **George Gillis** with assistance from **Marie** had the piano going at a rollicking pace as well. Thank you to all the volunteers who made posters, decorated, sold tickets and helped out in the kitchen and cleaned up.

All in all it was a great night. Dean followed up his masterpiece Grease Party from last year with another smash hit. He promises to be back next year with an even better Oktoberfest. *If you missed it this year you won't want to miss it next year.*









COMMUNITY RESOURCES

DO THE SHU!

Do you want to know what's happening in the Shuswap? The Arts Council and the Chamber of Commerce have collaborated on a new community calendar called **Do the Shu** that replaces the Shuswap Culture event calendar.

Click [HERE](#) for a look at the upcoming events.



Contact Us: Have questions or suggestions? Reach out to us at

[website.](#)



After spending a generous amount of their adult life as members at a golf course in Pitt Meadows, the onset of Covid (not to mention a few aches, pains and unexpected medical surprises the one usually experiences in this late chapter of their life) put quite a halt to my parents' golf-club-slinging days. In fact, a golf course of any shape or size has been rather foreign territory for a number of years. But after a year of attending Keep Fit classes, Mom and Dad mentioned that they might like to try golfing again. And, if your parents, who are in the last decade of a full century of life, express an interest in swinging a 9-iron and a putter, you darn well go out and enjoy the morning with them. So, that's exactly what I did! A quiet day on the course allowed us to be a little creative, using selective tee boxes and greens that reduced hilly climbs. Golf clubs doubled as some very cool walking sticks. And having a devoted-daughter-caddy to retrieve balls from the lower-than-ground-level cups and carry extra clubs was a bonus. As a result, fun was had by all! It just goes to show that you are never too old!

Warm regards,
Kris Hamaguchi
Editor



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