

Issue # 65, Member Edition November 2025



PRESIDENT'S MESSAGE

Our board is currently seeking new directors for the upcoming term. Who do you know who has these skills?

Board service is about caring enough to help shape the path ahead. The board is here to ensure that this organization performs in a legal, ethical manner, with a vision of sustainability for the future of the organization, all in the best interest and in support of our membership.

Cedar Heights Community thrives because of people like you. Our association and all that the centre offers has always been powered by volunteers who are usually very humble about their abilities and contributions. But every achievement we earn occurs because people in our community once said, "Yes, I can help."

We are now less than one week away from our board election. According to the CHCA bylaws, the required board positions are President, Vice President, Secretary and Treasurer. So, this is our last chance to ask: Who will help guide our future? At this moment, we have no new candidate who has stepped forward

Additional members, although not mandated in our bylaws, may include directors-at-large; such board members do not hold a specific officer title, but engage in discussion and voting on pertinent motions. If I had a personal relationship with each and every one of you, I would have a much better idea of who to approach about joining our board. Unfortunately, such is not the case. That is why I am counting on you to come forward.

Truth be told, although our secretary, our treasurer and president are interested in taking on another term in their role, all roles are open if you are interested in getting involved. I know that there are people out there who have either relevant experience or simply the interest and a willingness. Your effort to get involved will be truly appreciated.

If you are not able to help us at the board level at this point in time, we wholeheartedly invite all of you to attend the **Fall General Meeting on November 5 at 6 p.m.** Simply put, your presence and input matter. When you attend, you learn more about the inner workings of C.H.C.A. You ensure that the decisions we make reflect the community we serve. You connect with fellow members, ask questions, and stay informed about what lies ahead. You make the board feel that it's all worth their while.

I realize it may not be as exciting as our Oktoberfest celebration was this past weekend, but it is an absolutely necessary part of running an organization such as ours. We know everyone's schedules are busy. Still, spending this time together helps strengthen the organization we all care about.

And no President's Message of mine would be complete without this month's quick, but heartfelt thanks that go to:

- The more than 100 volunteers who helped out at Cedar Heights during the month of October.
- The Fire Smart Team of volunteers who spent the day cleaning up our property.
- The Oktoberfest organizers and volunteers for prepping and putting on a fabulous event.
- Susan Eisenberger & her massive team of volunteers for prepping and cranking out 200 apple pies.
- Dee Lewis and her crew for putting on yet another fun and successful fashion show.
- Lynne Lowes for heading up the Christmas baskets and ticket sales for our annual Christmas Raffle.
- Lisa Minnie for continuing to support our treasurer in keeping CHCA finances in order.

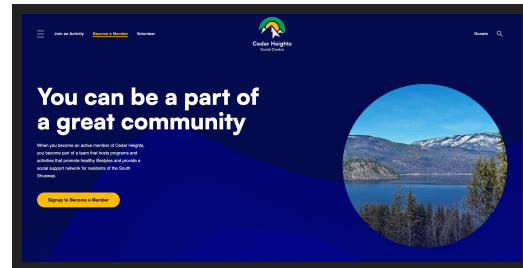
Warm regards,

Kris Hamaguchi
krishamaguchi@gmail.com

IMPORTANT REMINDERS

MEMBERSHIP RENEWAL TIME

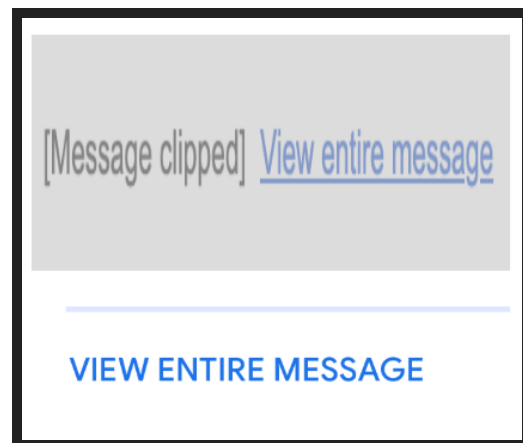
It soon will be time again to renew your membership for 2026! You can now do this quick and easy online. Click on the link below, or come into the office on Tuesday and Thursdays 1-3 pm.



<https://www.cedarheightscommunity.ca/become-member>

VIEW ENTIRE MESSAGE

We have heard that some people don't know that they are not seeing the whole newsletter. Please check the bottom of your newsletter to see if you have a message like the ones you see here. All it takes is a quick click and you will see the whole thing. After all, you don't want to miss the Community Spotlight, it might be you!



UPCOMING EVENTS AT A GLANCE

Mark your calendar! Connect with friends! Have fun!
But read beyond this section for more details!

Fall General Meeting

DATE: **Wednesday - November 5**

Open to all CHCA members.

The Agenda was emailed to members on October 22.

Level 1 and 2 Keep Fit Special Coffee - Friday Nov 7th - 10:15- 10:45 a.m.

Join us for a special coffee and goodies after class. This is a good opportunity to meet fitness folks from the other classes and get to know them better. You will also be able to buy your Blind Bay Village Grocer cards at this coffee session; cash or debit only.

I couldn't resist putting in this photo of our fitness instructors, Marjorie, Betsy, and Jill, who dressed up for our Halloween class in 80's workout wear. I think a number of us remember those leg warmers and wrist bands, though maybe not in neon colours!

Congratulations to Marjorie Lynn and Betsy Kutcha who recently passed their fitness practical exam and are teaching on a regular basis.





Cedar Heights
Social Centre

JOIN US FOR A

KIDS ONLY SHOPPING

SATURDAY NOVEMBER 29TH

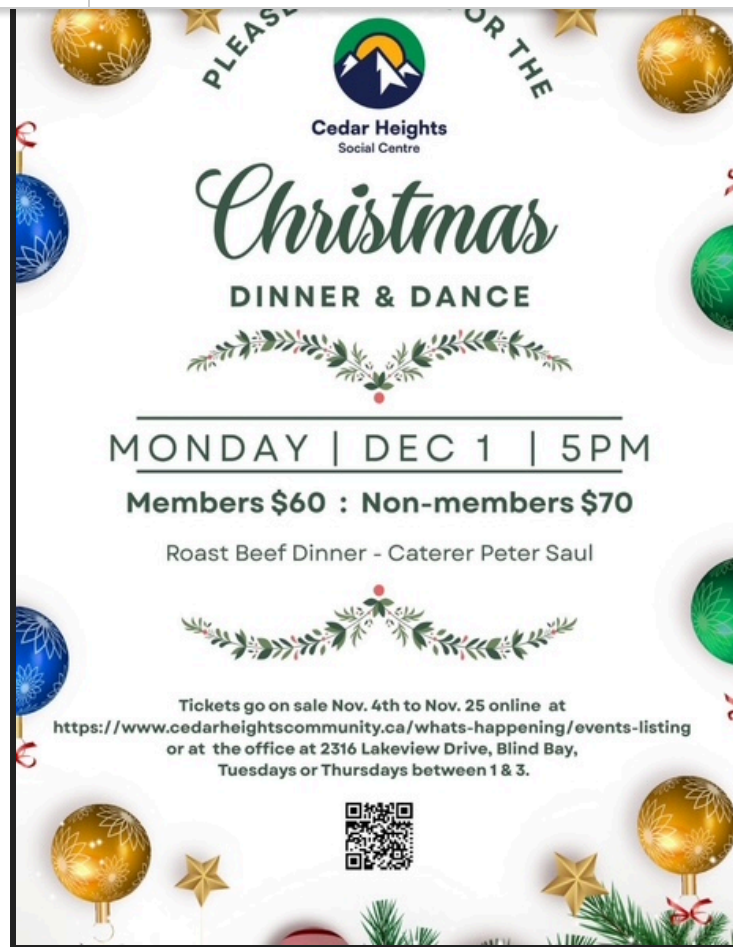
9:30 - 12:00

Kids ages 5-12 can shop for Christmas Gifts priced \$2.00 to \$10.00. Bring a Shopping Bag & Christmas List for gifts for immediate family.

“Elves” will help shop and wrap purchases. Parents can relax upstairs with a Hot Beverage & Treat.

All proceeds donated back to the community

Lower Level
Cedar Heights Centre



Tickets for the dinner go on sale Nov 4-25th. You can buy them online click [HERE](https://www.cedarheightscommunity.ca/whats-happening/events-listing) or at the office Tuesday or thursdays between 1-3 pm.

We will have Member's only ticket sales for the first week Nov. 4 - Nov 11.



All Outdoor Sports Activities - Now Closed

A huge thank you to **Blair Holmes**, our greens keeper who kept the course in tip top shape all summer! We had lots of summer visitors, which really helped our bottom line, plus many of them commented favorably on the improvements to the course. Hats off to our organizers of the group activities: **Pickleball - Doug Salmon, Bocce - Angie and Roger Lambert, Chicks with Sticks - Louise Hardy and Senior Men's Golf - Bryan Lowes**. See you in the Spring!

INDOOR ACTIVITES

DATES: Nov 3, Nov 10

TIME: 7:00 TILL 8:30 p.m.

PRICE: \$25 for members, \$40 for non-members

INSTRUCTORS: Ken and Helga Gibbs (pictured)



Cake Decorating 2.0

DATES: Nov 3, Nov 10

TIME: 1:00- 2:30 p.m.

COST: \$30 per member \$40 per non-member

PARTICIPANTS: Maximum of 8



Canasta

Nov 4

TIME: 1:00 p.m. every Tuesday

COST: C.H.C.A. MEMBERS - \$3
Non-members - \$5

FUTURE DATES: Nov 11, 18th and 25th



NOV 6

TIME: 1:30 p.m. every Wednesday**FEE:** Drop in \$3**FUTURE DATES:** Nov 12, 19th and 26th

Carpet Bowling

Nov 6**TIME:** 1:00 pm every Thursday**Note:** New day and time starting**Nov 6th****COST:**

\$3 drop-in for members

\$5 drop-in for guests

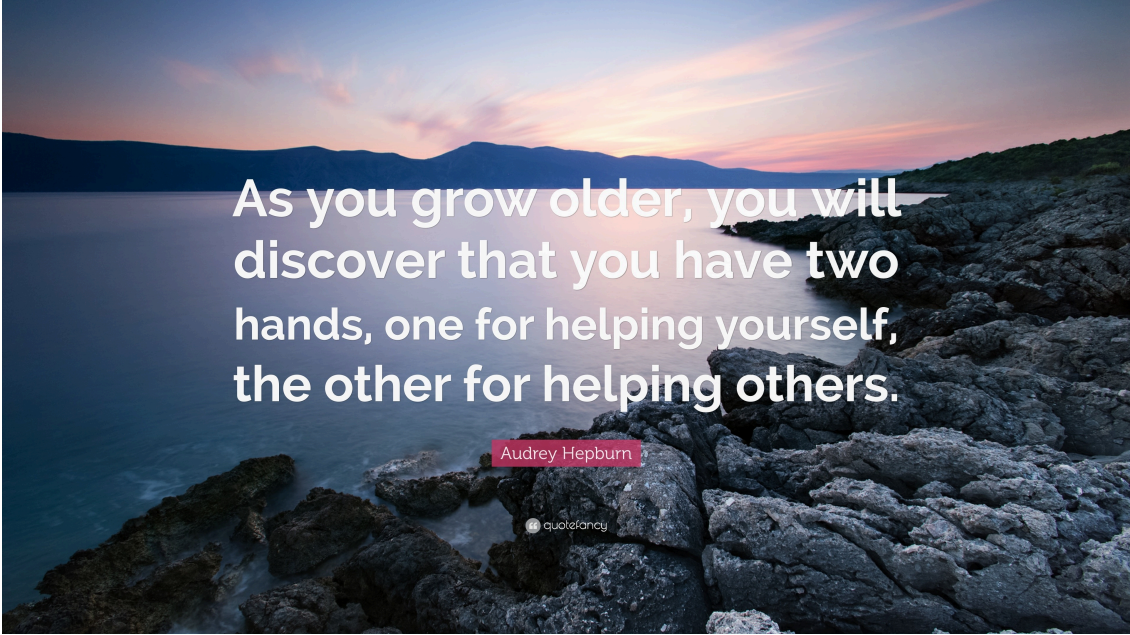


We are looking for more players so If you have never carpet bowled before no worries, there are lots of people to show you the ropes. Any questions email Angie at: iluvit67@yahoo.ca.

Doghouse

Next Date: Nov 7**DATE:** Every second Friday**TIME:** Doors open 6:30 play starts at 7:00 PM
COST: C.H.C.A. members - \$3
 Non-members - \$5
**FUTURE DATES:** Nov 21st

Players of all experience levels are welcome. Lessons available each night. If you have any questions, please call Vicki at (250) 675-2141. , Vicki



As you grow older, you will
discover that you have two
hands, one for helping yourself,
the other for helping others.

Audrey Hepburn

 quote fancy

HOW YOU CAN HELP CEDAR HEIGHTS

KIDS ONLY SHOPPING

Saturday, Nov. 29th

DONATIONS NEEDED:

**NEW OR CLEAN GENTLY USED ITEMS FOR:
TEENS, PETS, MEN, LADIES,
SCHOOL AGED KIDS & PRESCHOOL KIDS**

ACCEPTED

Puzzles, Games, Toys
Items for Pets
Christmas Décor
Gloves, Mitts
Ladies Scarves
Jewelry
Purses/Wallets
Small Home Décor
Small Tools/Gadgets for Dads

NOT ACCEPTED

Toiletries
Lg. Kitchen Gadgets
Appliances
Lg. Home Decor
Clothing/Footwear
Bedding/Pillows
Food/Beverage
Electronics

****Please only clean/washed Gently Used Items****

ALSO NEED:

****Christmas Gift Bags/Gift Boxes (small ones for Jewelry),
**Tissue, **Rolls of Curly Ribbon,
Shopping Bags for shopping.

**DEADLINE FOR DONATIONS:
TUES. NOV. 25TH**

Raffle Donations Needed

Donation Deadline Nov 29th

Thank you to everyone who contributes to this fundraiser for Cedar Heights, either by donating items for the baskets or buying and selling tickets.



The draw will be on Dec 1st at the Christmas dinner, but you don't need to be there to win! As food items are getting more expensive our challenge will be to fill 3 baskets with the goodies that everyone loves. We are hoping to sell more tickets this year so we have some additional dollars so we can top up the contents.

How can you help?

1. **Donate an item or two for the baskets.** See the list below for suggestions and items we can't include. This year you can tuck some cash in the envelope provided and drop in the slot outside the office if this works better for you. We will use the funds to buy additional items.
2. **Volunteer to sell a book or two of tickets.** Tickets are still 3 for \$5 and a book has just 15 tickets for a total cost of \$25. **Contact Lynne Lowes 250-515-1157 or pick up a book in the office.**
3. **Buy some tickets,** the odds are good as only 900 tickets are printed (much better than 649). **Tickets will be sold at various CHCA events and in the office on Tuesday and Thursdays 1-3 pm up to Dec 1st.**

If you are wondering what to donate here are some suggestions:

Non-Perishable Food Items:

Sweet:

Chocolate bars, candy, purchased jams and jellies, honey, granola bars, dried fruits, fudge, caramel corn

Savory:

Purchased pickles, crackers, relishes, nuts, olive oil, vinegar, non- alcoholic drinks

journal book, useful kitchen gadgets, Christmas tree ornaments, gift cards

We cannot accept the following:

Wine or spirits, cannabis products, home canned items or items that need refrigeration

DONATIONS FOR THE CHRISTMAS BAKE SALE

Saturday Dec 6th

9:30 A.M. TILL 12:30 P.M.

Sells out quickly plan to arrive early!



Our Christmas Bake Sale this year will be held on **Saturday, December 6th from 9:30 am to 12:30 pm.** This always has been an important fundraiser for us. People from miles around come to Cedar Heights every year to be amazed by the baking skills of the members of our community.

So, we are asking you to bring your favourite Christmas cookies, squares, tarts, chocolates, cakes, loaves or other Christmas creations to Cedar Heights. Please display your baking on disposable containers such as paper plates, disposable pie plates, Christmas tins and the like.

You may drop off your baking at the Cedar Heights Community Centre on:

- **Friday, December 5th from 10:30 am to 4 pm**
- **Saturday, December 6th from 8:00 am to 9:00 am.**

We prefer a Friday drop off as it makes for a more organized bake sale day.

We are looking for volunteers on the Friday for pricing and set-up. We would appreciate your help. It's just a little work and a lot of fun.

Please let us know if you can help us out. Your friendly leaders are:

- Anne Ramsay: (250) 675-2644

BLIND BAY VILLAGE GROCER CARD PROGRAM



Did you know that if you buy a grocery card from Cedar Heights, the Village Grocer donates 8% of the value of the card to our association? *The revenue to Cedar Heights from the sale of \$60,000 of Blind Bay Village Grocer cards this year will pay for about 60% of our utilities costs.* That is important to us.

We need to sell about \$25,000 worth of cards in the next two months to reach that target. The purchase of a BBVG card from Cedar Heights allows you to purchase any goods of equivalent value sold at BBVG including food, gas and alcohol products. To maximize the benefit to Cedar Heights, cards must be paid for in cash or by debit card. They are available in denominations from \$25 to \$500.

BBVG cards will be available for purchase at Cedar Heights on:

- In the office on Tuesdays and Thursdays from 1 to 3 pm
- After Keep Fit on Friday, November 7th
- At the Artisan Market on Saturday, November 8th
- At the Bake Sale on Saturday, December 6th
- At all other special events for the remainder of the year.

So take the time to buy a card from us. If all of our members were to buy a \$200 card to cover purchases they were going to make at Blind Bay Village Grocers anyway, we would get \$16 from BBVG. This would go a long way to keeping the lights on at Cedar Heights.

FOLLOW UP ON FUND RAISERS

We had some very successful fundraisers in October and more to come!

APPLE PIE MAKING AND SALES

October 21st marked a fun filled day of Apple Pie Making for over 50 volunteers at Cedar Heights. Each October people gather to wash, peel, slice and dice apples to fill over 200 home made pie crusts. **This year 221 pies were made**

We wish to thank each and everyone who volunteered for all our tasks from dough making, dough rolling, preparing the apples, filling and fluting the pies, and getting them packaged up to sell to our customers.

This amazing fund raiser would not be a success without the generosity of the following donors:

Village Grocer Blind Bay, Downtown Askews, Demilles Farm Market, Save On Foods, Kevin Campbell and Marcha Adams.

To all the helping hands of our amazing volunteers. Our hats are off to you all.

Susan Eisenberger
Apple Pie Committee Chair



This popular annual event on Oct 4th was sold out again this year, with 95 in attendance. The colourful and cozy fall fashions from **Lindy's Boutique** located in the Blind Bay mall were modelled by a group of lovely local ladies.

Music was provided by the lone amigo, **Brian Waddington and Dee Lewis** did a wonderful job as the MC of the committee the **FUNRAISERS** who organized this event. This is no small job it takes them a couple of months and a lot of help to put this together, so kudos to them all. The net proceeds from this event goes to Cedar Heights to help us keep the events and activities we all love affordable for people in our community.

In addition to fashions, there was food, wine, a latin dance demo by Helga and Ken Gibbs, a 50/50 draw and so many generous door prizes donated by businesses in the community.

The guests also donated 177 lbs of food and \$370 in cash to the Sorrento Food Bank s to make sure everyone in the community had a full plate this Thanksgiving. Thank you for your generosity!





GET INVOLVED

"The most precious thing I have to give is my time."

- Silvia Hartmann

FireSmart Cleanup

Twenty CHCA members took part in the October ongoing cleanup of CHCA forested zones that are adjacent to surrounding residential areas. This year's focus was the areas adjacent to the lane easement and the "wilds" behind the Pickle Ball courts.

They filled up two yard waste bins provided by the CSRD FireSmart program which included the neighbours drop-off waste. This cleanup was followed by a hamburger lunch provided by CHCA for all the helpers.

further ongoing FireSmart funding.

As usual, this event could not be pulled off without our volunteers who stepped up and worked that cold October morning. Thanks to Sophie Randell & Jeremy Denny with FireSmart BC who provided the collection bins. Dean & Blair thank all the Cedar Heights volunteers whether on the tall weed pull, the rake and tarp relay, the quad & trailer, the tractor and the especially the lunch team. This includes D'Arcy Leech, Ben Blacklock, Joyce Lastave, Roger Lambert, Angie Shaw, Doug Salmon, Carol & Dave Johnson, Karen Probert, Jill Lachapelle, Brenda Kirkwood, Linda Manarin, Farrell Janzen, Bryan & Lynne Lowes, Doug & Lorraine Cathro and if your name was missed, you too!

COMMUNITY SPOTLIGHT



Susan Eisenberger

If you know Susan, you know it's rare to see her with a coffee cup in her hand, and note she is not sitting down.

You have heard that saying if you want something done ask a busy person. Susan is that person.

She doesn't just volunteer, she often takes the lead on many events and activities at Cedar Heights a role that is not easy to fill.

I have worked with Susan on a number of events both at Cedar Heights and the Probus Club. She is very well organized, if she says she will do it she does it, and she does it well. One of her secrets, she starts early!

ingredients, she takes the pie orders, and finds and organizes all the 40-50 volunteers. If you have volunteered at this fundraiser you know it's a crazy busy day, but it all comes together with over 200 pies for sale.

It doesn't stop here, she hardly has time to catch her breath before she is onto organizing the Cedar Heights Christmas dinner and has done this job for many years. Susan also served a term on the board of Cedar Heights.

I'm afraid to list all the things that Susan does in our community as I know I will miss something, but this is what I know she does now or has done.

- Volunteers at the Copper Island Health and Wellness Centre
- On the management committee of Copper Island Probus and held a number of positions including president
- Past president of the Dragon Boat Club
- She even volunteers her time on holiday in Hawaii on the board of their time share strata.

She certainly deserves that cup of coffee, and we really appreciate all she does at Cedar Heights to help make our Centre successful!



OKTOBERFEST

Well, if you missed Oktoberfest this year, you missed a wunderbar evening! It felt like we were transported to Bavaria as the hall was filled with music, games, dancing, laughter, an abundance of delicious, German-inspired food and about 80 very enthusiastic members and friends.

"Ein prosit, ein prosit! Der gemutlichkeit!" We are already looking forward to next year!





COMMUNITY RESOURCES



Community Website: Stay updated on [news and events](#) by visiting our [website](#).



Contact Us: Have questions or suggestions? Reach out to us at info@cedarheightscommunity.ca or (250) 675-2012.



There are lots of events happening at the Centre in the next few months, which is a good thing as winter can be quiet in Blind Bay. We have a lot of fun attending the various events and activities at the Centre, but we sometimes forget how much effort goes into creating them by our volunteers.

So if you haven't stepped up to help in a while maybe it's time. There are lots of ways to contribute; such as donating items you no longer use, (like the lady who gave us 18 beer steins for Oktoberfest), baking for the bake sale, donating some goodies for the Christmas raffle, purchasing tickets to events, volunteering to be on the board, renewing your membership, or even making a cash donation to the Centre.

I have found in life, you get out what you put in!

Cheers,

Lynne

Lynne Lowes at: ekxpat@gmail.com

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